



What's so special about breastfeeding?



Improving breastfeeding would:

- Annually save about 820,000 children under 5 years of age.
- Prevent more than 54% of all diarrhea episodes
- Prevent 32% of all respiratory infections
- Reduce hospital admissions by 72% for diarrhea and 57% for respiratory infections

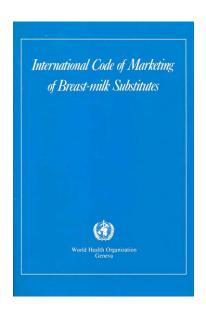
Breastfeeding also protects against:

- Acute otitis media (<2 yrs)
- Malocclusion
- Type 2 diabetes
- Obesity

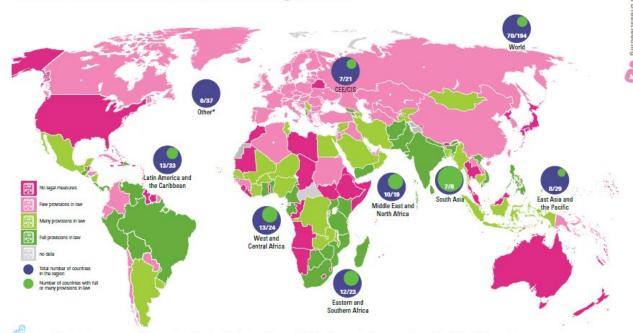
Longer breastfeeding associated with higher performance on intelligence tests

Breastfeeding decreases risk of breast and ovarian cancers

International Code adopted by the World Health Assembly in 1981



- Recommendation to all Governments to adopt national regulations
- Updated regularly by subsequent WHA Resolutions to deal with new marketing tactics or products
- Protects women from misinformation by prohibiting all advertising or any other forms of promotion of breastmilk substitutes, feeding bottles and teats
- Prohibits the use of the health care system to promote BMS
- Requires Governments to provide parents and caregivers with objective and consistent information on IYCF

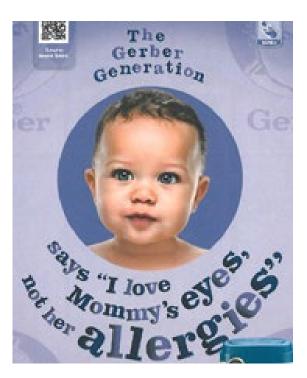


Status of national measures on the International Code of Marketing of Breastmilk Substitutes and subsequent relevant World Health Assembly resolutions, by country and by region*, 2016

Source: WHO, UNICEF, IBFAN, Marketing of Breast-milk Substitutes: National Implementation of the International Code, Status Report 2016, Geneva: World Health Organization: 2016./ • denotes countries have no dedicated Code legislation, but have Code-related provisions incorporated in other legal measures.). The regional summaries indicate the number of countries with a full provision or many provision law (green circle) out of all countries in the region (blue circle). *Other refers to mainly high income countries not included within UNICEF programme regions (see annex 2). Note: These maps are stylized and not to scale and do not reflect a position by UNICEF on the legal status of any country or territory or the delimitation of any frontiers. The dotted line represents approximately the Line of Control in Jammu and Kashmir agreed upon by India and Pakistan. The final status of Jammu and Kashmir has not yet been agreed upon by the parties. The final boundary between the Sudan and South Sudan has not yet been determined. The final status of the Abyei area has not yet been determined.

How companies manipulate and mislead parents

Health and nutrition claims

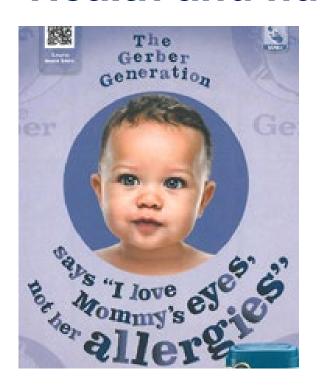


October 30, 2014

The Federal Trade Commission charged Gerber Products Co., aka Nestlé Nutrition, with deceptively advertising that feeding its Good Start Gentle formula to infants with a family history of allergies prevents or reduces the risk that they will develop allergies.

How companies manipulate and mislead parents

Health and nutrition claims



The World Health
Assembly has called on
Governments to prohibit
health and nutrition
claims on foods for
infants and young
children!

Promotion through Claims

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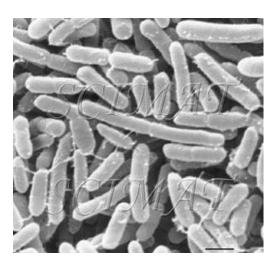
"Those who make claims about infant formula that intentionally undermine women's confidence in breastfeeding are not to be regarded as clever entrepreneurs just doing their job, but as human rights violators of the worst sort"

Stephen Lewis, then Deputy Executive Director, UNICEF, April 1999



Not disclosing risks

- Powdered infant formulas are <u>NOT</u>
 sterile products
- They can become contaminated at factory level with heat resistant, pathogenic and highly contagious bacteria such as Cronobacter sakazakii (which before 2007 was named Enterobacter sakazakii)





In 2005, WHA called on governments to:

- Inform that powdered infant formula may contain pathogenic microorganisms and must be prepared and used appropriately
- Ensure explicit warning on packaging

Idealizing artificial feeding or making it seem equivalent



Breast feeding

In addition to the optimal nutrition that it provides, breast feeding contributes immensely to the bonding process. Cuddling, fondling, and the rhythm and warmth of the mother's heartbeat bring mother and infant closer physically and emotionally. Breast feeding provides a warm relationship between you and your child, which is important for your baby's healthy psychological and emotional growth.



Bottle feeding

If you cannot breast-feed your baby or have decided not to, you can still establish bonding with bottle feeding. During feedings, hold your baby close to you and maintain direct eye contact. The infant will feel your heartbeat and sense your warmth, feeling content and secure.

Where are the potential conflicts of interest in ECN?

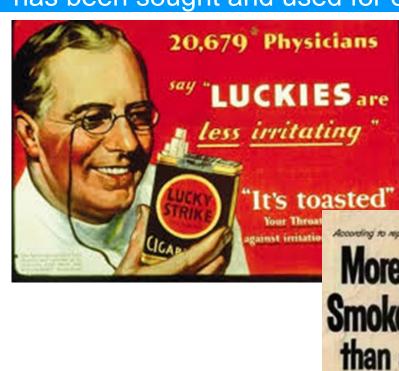


- Baby food industry's primary interest to increase profits for shareholders
- Sell more BMS
- Reduce breastfeeding

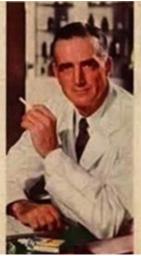
- Health professionals' and policy makers' primary interest to improve health and nutrition outcomes
- Increase breastfeeding



The commercial benefit of medical endorsement has been sought and used for decades.







Health workers often used in the past to promote unhealthy products







har heliting, belong to the and other and teach, Principles, Philip. Billion.

There's None Seller



Today the endorsement can be more subtle



Providing doctors' coats, growth charts ...



Cozying up to the health care system



Endorsement by Association

Manipulation by Assistance

Historically, Health Care System & Health Workers have been important sales conduit.

"Our interest in this important phase of medical economics springs, not from any motives of altruism, philanthropy or paternalism, but rather from a spirit of enlightened self-interest ..."

(Mead Johnson, 1930s)

"In less developed countries, the best form of promoting baby food formulas may well be the clinics which the company sponsors ..."

(Nestlé, 1960s)

Sponsorship by its very nature creates a conflict of interests. Whether it takes the form of gift items, meals or help with conference expenses, it creates a sense of obligation and a need to reciprocate in some way. The "gift relationship" thus influences our attitude to the company and its products and leads to an unconscious unwillingness to think or speak ill of them.

C.M Right and A.J.R Waterston. "Relationship between paediatricians and infant formula companies". Archives of Disease in Childhood 2006;91:383-385;doi:10.1136/adc.2005.072892; BMJ Publishing Group Ltd & Royal College of Paediatrics and Child Health 2006

Code was weak on sponsorship



Art. 7.5 – Contribution for fellowships, study tours, attendance at professional conferences etc.



OK, but subject to disclosure





WHA Resolution 58.32 (2005)

Urges Governments "to ensure that financial support and other incentives for programmes and health professionals working in infant and young child health do not create conflicts of interest



Guidance on Inappropriate Promotion of Foods for Infants and Young Children

World Health Assembly in May 2016 (A69/7)

Recommendation 6: Conflict of Interest

Companies that market foods for infants and young children should not create conflicts of interest in health facilities or throughout health systems. Health workers, health systems, health professional associations and nongovernmental organizations should likewise avoid such conflicts of interest. Such companies, or their representatives, should not:

Maternal, infant and young child nutrition



Companies should not:

- provide free products, samples or reduced-price foods for infants or young children to families through health workers or health facilities, except:
 - as supplies distributed through officially sanctioned health programmes. Products distributed in such programmes should not display company brands;
- donate or distribute equipment or services to health facilities;
- give gifts or incentives to health care staff;
- use health facilities to host events, contests or campaigns;
- give any gifts or coupons to parents, caregivers and families;
- directly or indirectly provide education to parents and other caregivers on infant and young child feeding in health facilities;
- provide any information for health workers other than that which is scientific and factual;
- sponsor meetings of health professionals and scientific meetings.

Growing awareness of the harms of sponsorship



Scottish Public Health Network: building a healthier Scotland without multinational sponsorship

"In view of your decision (some would suggest error) in accepting sponsorship from a transnational confectionery and breast milk substitute manufacturer, we will be recommending to colleagues that they should not attend or participate in your conference."

May, 2014



UK Paediatricians protest at formula company sponsorship of RCPCH Conference in Egypt

Paediatricians and heath campaigners have written to the President of the UK Royal College of Paediatrics and Child Health (RCPCH) to protest about its decision to allow an international conference in Egypt to be sponsored by baby food companies Nestlé, Danone and Abbott (https://rcpchmena-eg.org/)- all major violators of the WHO Code of Marketing of Breastmilk Substitutes. The authors state that the RCPCH is contravening the clear and repeated recommendations of the World Health Assembly that such sponsorship is an unacceptable conflict of interest.

The RCPCH have issued a statement on their website claiming the the companies have passed the RCPCH Robust 'Due Diligence Criteria'. https://www.rcpch.ac.uk/news-events/news/rcpch-statement-sponsorship-mena-conference

CLICK HERE for Change.org petition



Civil society protest led to policy change ...

QUARTZ

WHITE GOLD

Why the UK's largest body of pediatricians will no longer take money from baby-formula companies





Concerns over the financial influence of infant formula companies has led to a backlash

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On Wednesday (Feb. 13), the UK's Royal College of Pediatrics and Child Health (RCPCH) announced it would no longer accept financial contributions from the baby formula industry. That decision will cost the group computers ground \$20.000.(\$5.1.15.0.2 ways. The RCPCH.

On-going battles in South Africa ...



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ISSUES IN PUBLIC HEALTH

Child health, infant formula funding and South African health professionals: Eliminating conflict of interest

L Lake, BA Hons; M Kroon, MB ChB, FC Paed (SA); D Sanders, MB ChB, MRCP, DCH, DTPH, DSc; A Goga, MB ChB, FC Paed (SA); C Witten, BSc (Dietetics), MSc (Nutrition); R Swart, BSc (Dietetics), MPhil (Public Health), PhD; H Saloojee, MB ChB, FC Paed (SA); C Scott, MB ChB, FC Paed (SA); M Manyuha, BSc (Dietetics); T Doherty, Si,12 B Nursing, MSc (Nursing), MPH, PhD

Despite clear evidence of the benefits of exclusive and continued breastfeeding for children, women and society, far too few children in South Africa (SA) are breastfed. One of the major impediments to improving this situation is the continued and aggressive marketing of breastmilk substitutes (BMSs) and infiltration of the BMS industry into contexts with exposure to health professionals. In this article we, as academics, practitioners and child health advocates, describe contraventions of the regulations that protect breastfeeding in SA and argue that bold, proactive leadership to eliminate conflict of interest in respect of the BMS industry is urgently required, together with far greater investments in proven interventions to promote and support breastfeeding.

S Afr Med J 2019;109(12):902-906. https://doi.org/10.7196/SAMJ.2019.v109i12.14336

