



# WOMEN

who use a  
health/fitness app or  
device:

**Do you have a  
chronic illness or  
disability?**

**OR**

**Are you aged 55+?**

# FOCUS GROUPS

The University of Canberra and Women's Centre for Health Matters are researching **how and why women use digital tools to track, manage, and understand their health.**

We are running focus groups for women **ages 55+** and women with **disabilities and/or chronic illnesses**. If you are interested in being a part of either of these groups, sign up at:

**Ages 55+:** Thursday 24 August  
5:45pm @ Llewellyn Hall

**Disability or Chronic Illness:**  
Tuesday 22 August 5:45pm @  
Llewellyn Hall

<http://bit.ly/2w47oQ5>

