# Interested in learning art skills? Painting? Drawing? Photography? Are you a creative woman with endometriosis? Or simply willing to learn new skills?

Let out your creativity. Express how endometriosis feels. Learn new skills. Meet new friends.

Learn about expressing yourself creatively with Margaret Kalms (photography and PhotoShop) and Susan Hey (drawing, painting, design and mixed media).

### Art of Endo workshops are free for women with endometriosis!

Art classes usually cost hundreds of dollars. Margaret and Susan are generously offering these workshops for free to women with endometriosis. Yes, these workshops are free!

This is a unique opportunity and places are limited. Contact Margaret 0414 652 567, or Susan 0407 901 677, promptly to reserve you place.



## **Contact details**

Margaret Kalms Susan Hey 0414 652 567 0407 901 677

lifewithendo@artofwoman.com.au endowomanart.com facebook.com/lifewithendometriosis



#### **About endometriosis**

Endometriosis affects 10% of menstruating women. Endometriosis significantly impacts women's quality of life and can cause infertility, chronic debilitating pain, limited productivity and can exhaust the sufferers' emotional and financial resources.

Despite these enormous impacts, endometriosis is poorly known and poorly understood.



Margaret Kalms is using photography to raise awareness of endometriosis by imaging the experiences of women living with endometriosis. *Life with Endometriosis* will:

- Raise awareness of endometriosis by making endometriosis visible.
- Present talks and slide shows at functions.
- Exhibit Margaret's art photographs in galleries in Australia, online and overseas.
- Invite local and international artists with endometriosis to exhibit with *Life with Endometriosis*.
- Publish an art book about the exhibition/collection.
- Raise funds by donating 10% of sales from exhibitions & book to endometriosis research.

## Would you like to express your experiences through art?

- Learn about photography with Margaret Kalms or drawing and painting with Susan Hey Use your experiences as inspiration. Create art that expresses your life with endometriosis. Show how it feels or impacts on your life.
  - Margaret will teach photography and PhotoShop skills.
  - Susan will teach painting and drawing, working with paints, pastels and mixed media.
- Two workshop sessions available Playing Field, 2 Kingsley Street (corner of Barry Drive)
  Sunday afternoons 2 classes of 4 hours, 1-5pm, 30 October and 27 November, 2016
  Tuesday evenings 6 classes of 2 hours, 6:30-8:30pm, 18, 25 Oct, 1 Nov and 22, 29 Nov, 6 Dec
- Display your artwork this is totally optional

You may choose to display artwork at the workshop exhibition held on 11 December. Selected artworks may be included in the 'Life with Endometriosis' exhibition.

If you wish, you may remain anonymous, or use a pseudonym and not be visually identified in any promotional materials; if this is your choice, you must let Margaret or Susan know your wishes.

# **Conditions of participation**

Because places are limited, let Margaret 0414 652 567, or Susan 0407 901 677, know of your commitment as soon as possible. This is a unique opportunity to learn art or photography skills. Please respect this opportunity by arriving promptly and attend all classes if possible.

You will be invited to attend the *Life with Endometriosis* photographic exhibition.

# Who can participate?

Any woman 18 years or over living with endometriosis can participate.

#### **Disclaimer**

Margaret Kalms is a photographer and Susan Hey is an artist. They are not medical people. They cannot give you an opinion or any advice or help you in a medical way. All they can offer is the chance for you to learn art techniques and express your experiences of living with endometriosis.