From Rights to Reality, Protecting Breastfeeding in Workplaces and Childcare

When: Thursday 9th May, 10.15am-5.15pm
Where: Meetings Room, University House, Balmain Crescent, ANU

‘From Rights to Reality’ will discuss new research on best practice support for breastfeeding in workplaces and childcare settings, including the effects of time stress on health. Supported by an Australian National University (ANU) Gender Institute grant and presented by the Australian Centre for Economic Research on Health (ACERH), the forum will focus on how women’s and children’s human rights translate into policies and practices on breastfeeding support in Australia’s workplaces and childcare, including at the ANU.

As well as hearing from researchers at the ANU, Flinders University, University of NSW, Queensland University of Technology, and the Australian Breastfeeding Association on time use, health and breastfeeding, a panel of policy experts will discuss how health, childcare and employment policies and practices might bring human rights protocols into reality for new mothers and their young children.

Forum Panel
Dr Helen Watchirs, ACT Human Rights Commissioner
Ms Sandra Burgess, ACT Health Directorate
Dr Judith Galtry, The Australian National University

Speakers include:
Professor Ellen McIntyre, Flinders University
Associate Professor Lyn Craig, University of New South Wales
Dr Judith Galtry, Australian National University
Dr Lyndall Strazdins, Australian National University
Dr Julie P. Smith, Australian National University
Dr Sara Javanparast, Flinders University
Kate Mortensen, Australian Breastfeeding Association
Colleen Koh, Australian National University
Caroline Shakespeare, Australian National University
Julie McGuire, Queensland University of Technology

Forum Convenor
Dr Julie Smith, Australian Centre for Economic Research on Health, Australian National University

Access: The forum is free and open to the public, but places are limited. Advance registration is required before 6th May for catering purposes at http://www.eventbrite.com.au/event/6504159115.
Contact: Caroline Shakespeare at caroline.shakespeare@anu.edu.au or ph 6125 6984.
### Program

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>10.15-10.30</td>
<td>Welcome and overview – Professor Jim Butler, and Dr Julie Smith (ACERH, ANU)</td>
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| 10.30-12.00| • The right to breastfeed – International human rights frameworks for breastfeeding protection, support and promotion – Dr Judith Galtry (ACERH, ANU)  
• Time is health – links between time pressures, health and wellbeing of mothers and children – Dr Lyndall Strazdins (NCEPH, ANU)  
• Mothers’ time in reality (multitasking, fragmented, contingent and responsible) – Dr Lyn Craig (UNSW)  
• Time costs of exclusive breastfeeding – Dr Julie Smith (ACERH, ANU)  
• Breastfeeding support in childcare centres in Adelaide, and USA – comparative perspective on culture and policy – Dr Sara Javanparast (Flinders University) |
| 12.00-1.00 | LUNCH BREAK (catered for invited guests only)                                                 |
| 1.00-2.30  | • Workplaces and breastfeeding Support – Implications for mother and child health – Professor Ellen McIntyre (Flinders University)  
• Breastfeeding Friendly Workplace Accreditation and breastfeeding support – Kate Mortensen (ABA)  
• Childcare services survey – childcare staff attitudes, qualifications and knowledge about breastfeeding support – Ms Colleen Koh (ACERH)  
• Childcare services support breastfeeding, or do they? – effective support and unlawful discrimination - Dr Julie Smith (ACERH) |
| 2.30-3.45  | Panel Discussion: Translating international rights rhetoric into national and local reality    |
| 3.45-4.15  | AFTERNOON TEA                                                                                 |
| 4.15-5.00  | • The ARC Linkage Project National ‘Breastfeeding Friendly Childcare Trial’ – Report on work in progress – Ms Caroline Shakespeare (ACERH, ANU)  
• The ANU Gender Institute Study of ANU childcare services – Report on work in progress – Ms Julie McGuire (Queensland University of Technology)  
• The ARC Linkage Project ABA membership survey on working and breastfeeding – Report on work in progress – Ms Caroline Shakespeare and Ms Colleen Koh |
| 5.00-5.05  | CLOSE                                                                                         |